



Approved Medications for Pregnant Patients

<u>Complaint</u>	<u>Medications</u>
> Cold & Flu Symptoms	
Fever (call if over 101°)	Tylenol (regular or extra strength)
Headache	
Nasal Drainage	Chlor-Trimeton, Sudafed, Tavist, Tylenol Sinus
Head Congestion	
Cough	Robitussin, Delsym, Mucinex
Sore Throat	Chloraseptic, Cepacol lozenges
> Allergy Symptoms	Benadryl, Zyrtec, Zyrtec D, Claritin, Claritin D
> Nausea	Emetrol, Vitamin B6 Tablets, Ginger, Ginger Tea, Preggie Pops, B-Natal Suckers
> Constipation	Milk of Magnesia, Metamucil, Fiberall, Konsyl, Colace (Docusate Sodium)
> Diarrhea	Imodium, Kaopectate, Follow BRAT diet: bananas, rice, applesauce, tea / toast
> Heartburn	Maalox, Mylanta, TUMS, Prilosec OTC, Zantac, Tagamet, Prevacid, Pepcid
> Hemorrhoids	Tucks Pads, Anusol, Preparation H, warm sitz baths